# Atlantic Academy Safeguarding for Secondary Parents & Carers NEWSLETTER February 2022

Issue 1

### **Welcome to our Parent/Carer Safeguarding Newsletter!**

At Atlantic we take the welfare and safety of students very seriously, working hard to reduce all the kinds of harm that children can suffer, including abuse, bullying, discrimination and avoidable injuries. We strive to make sure that every student in the Academy feels secure, well cared for, and able to reach their full potential.

### **Atlantic Safeguarding Team:**

The Designated Safeguarding Lead (DSL)
Responsible for Safeguarding at Atlantic
Academy is:

Mrs S Hendrie



Mrs A Greaves and Mrs S Martin are Deputy DSLs.





We have a large number of staff trained at level 3 safeguarding, all members of SLT, pastoral teams & our Inclusion team. We are all here to support our parents, carers, staff and students.

### **Safer Internet Week**

# **Safer Internet Day - Tuesday 8th February 2022**



Safer Internet Day 2022 was celebrated on Tuesday 8th February 2022 with the theme 'All fun and games? Exploring respect and relationships online'.

From gaming and chat, to streaming and video, young people are shaping the interactive entertainment spaces they are a part of. Safer Internet Day 2022 celebrates young people's role in creating a safer internet, whether that is whilst gaming and creating content, or interacting with their friends and peers.

The <u>UK Chief Medical Officer's advice for parents</u> and carers on <u>Children and Young People's</u> screen and social media use shares some top tips for balancing screen use with healthy living.

### Did you know...

Young people can request Google remove images from search results.

### **Anti Bullying**

Advice that our staff give to students when they are faced with the difficult and upsetting feelings regarding bullying:

## HOW DO I OPEN UP TO SOMEONE ABOUT BULLYING OR BEING ASSAULTED?

When you are going through something difficult, the advice we and many others would give you would be to open up about it, but this isn't always the easiest thing.

### **KNOW THAT YOU ARE NOT ALONE -**

Make sure you talk to someone about it!

### **CHOOSE SOMEONE YOU TRUST -**

If they have a history of spreading rumours, telling others secrets or getting angry in the face of confrontation, they might not be the best person to speak to.

### **DO NOT DEAL WITH THIS ALONE -**

There are plenty of resources out there to reach out to for advice and support.

## Useful websites to support our students and parents:

https://www.ditchthelabel.org/bullying-supporthub/

https://www.bullving.co.uk/

https://www.childline.org.uk/info-advice/bullying-abuse-safety

reporting.lgfl.net



right to be **REPORTED** gdpr right to be **REPORTED** google

### Right to be Forgotten

The legal 'right to be forgotten' has been around since 2014 but recently Google have extended this. Now, any person under the age of 18 (or their parents/guardians) can fill in a form and request that one or more images are removed from Google search results. This is good news, there will be many reasons why a young person might want an image to be removed from Google search results, e.g. embarrassing photos from when they were younger, perhaps uploaded by a parent.

For more information click here



We are delighted to announce that **Atlantic Academy** has shown our commitment to protecting our students online by working with **National Online Safety** - providing resources for all parents and carers.

The resources include Parents & Carers courses (presented by Myleene Klass), online video resources and weekly guides covering a huge range of topics, including:

### **Child-to-Parent Abuse (PEGS)**

Child to Parent Abuse is complex and misunderstood. The parent support charity, Parent Educational Growth Support (PEGS), says this is partly because it has historically been largely ignored in favour of a focus on intimate partner abuse, partly because it is drastically under-reported, and partly because there are lots of misconceptions around the subject.

Some parents may not recognise what is happening to them as abuse – but the behaviours they are experiencing are abuse, and they are not okay.

Child-to-Parent abuse can take many forms including, physical abuse, emotional and psychological abuse, financial abuse and sexual abuse. This can also extend to the rest of the household, including siblings and pets. Their behaviour makes the parent feel fearful, scared or forces them to change the way they parent because they are scared of another incident.

Find out more information on the PEGS' website here:

https://www.pegsupport.co.uk/parents

### **Emoji Slang**

Do you know what it means?

# GENERAL 'Ghosted' - to be ignored 'Ghosted' - to be ignored To be shocked Idiot/stupid Capping' lying

- Online Relationships
- Online Bullying
- Online Grooming
- Child Sexual Exploitation
- Sexual Harassment & Violence
- Sexting
- Live Streaming
- Online Identity
- Screen Addiction
- Online Challenges
- Overspending
- Social Media Platforms

To access these resources and create your account, please follow:

https://nationalonlinesafety.com/enrol/atlantic-academy-portland

and complete your details.

When you're set up, you'll be able to set 'Parent/Carer' as your user type.

You can access National Online Safety online via any device- including via the smartphone app. To download the app, please go to:

https://apps.apple.com/gb/app/national-online-safety/id1530342372

https://play.google.com/store/apps/details?id=uk.co.nationaleducationgroup.nos

Alternatively, search for 'National Online Safety' in the App Store/Google Play Store.

If you require any further information answers to frequently asked questions and customer service can be accessed at:

https://helpdesk.thenationalcollege.co.uk/helpcentre

# VIOLENCE 'Dead Meat' 'Dead Meat' Funch Gun/Shoot



