

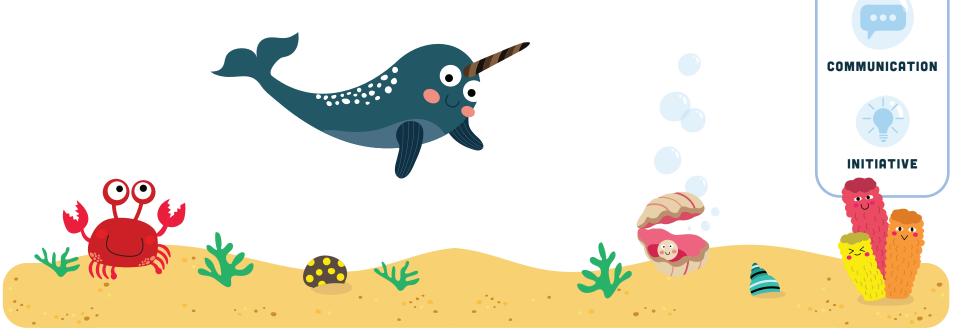


KEY:

RESILIENCE



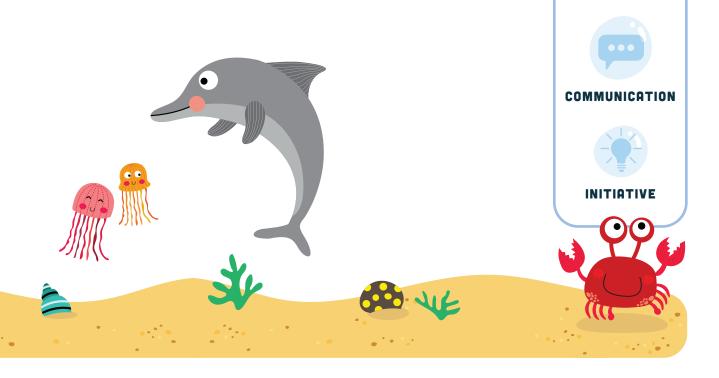
- 1. Go on a long walk
- 2. Try a paralympic sport
- 3. Help bake a cake







- 4. Read out loud to the class
- 5. Create your own picture of your class sea creature



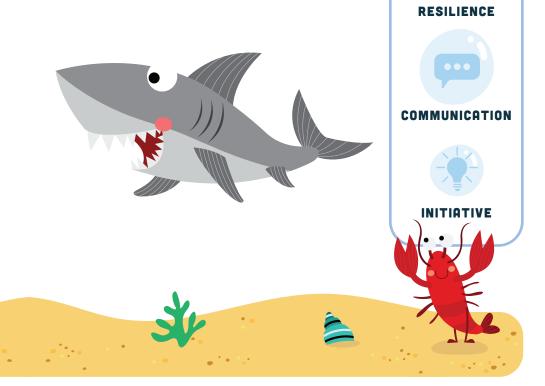
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- 6. Join an enrichment club
- 7. Earn your pencil licence



KEY:





- 8. Take part in a beach clean
- 9. Research how we can stop polluting the sea







