



Atlantic Academy Portland

an Aspirations Academy

Miss Heppell - Principal of Primary
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9th February 2023

Dear Parent/Guardian or Carer,

A short while ago, I sent a brief letter explaining that we have partnered with My Time Young Carers Charity to raise the awareness of young carers in society. My Time strives to provide varied support to all young people carrying out a caring role at home, regardless of the nature of their role and the charity continues to ensure that they have the support they need in life to succeed and fulfil their full potential, both academically and personally.

A young carer carries out an important role within their home. They provide support and help to the people within their home who need it most. This could be a parent(s), sibling(s) and grandparent(s); the person who they care for may be living with a mental health condition, disability, illness or substance misuse disorder. The range of care, and time spent caring, can vary, but every young carer cares unconditionally whilst carefully balancing their schoolwork and social life. Without recognition and support, caring responsibilities can have far-reaching impact on a child's life

On Tuesday 22nd February I would like to invite you to a virtual meeting with the team at My Time ([please click link here](#)), who will explain the role of a young carer, and the support and provision available to ensure long term success and answer any questions you may have. If you are thinking about attending, please confirm via this short [google form](#).

Following this, on Wednesday 23rd February, we will launch My Time and Young carers across the academy. My Time offers a range of programmes which young carers can now access through our partnership. Young carers will be able to access online youth groups, activity days, enrichment opportunities, and careers advice from their dedicated team, whilst the Level Up Team will be working with our dedicated Young Carer Champion myself, Tasha Board, to develop our support within school.

Following the assemblies I will be in further contact regarding the next steps to register a young carer in order to be able to access the full suite of support available.

Any questions, please do not hesitate to contact me via the contact form on the website.

Yours faithfully

Ms T Board
Assistant Principal

