



# Atlantic Academy Portland

an Aspirations Academy

Miss Heppell - Principal of Primary  
Mrs Bishop - Principal of Secondary

Maritime House  
Southwell Business Park  
Portland, Dorset. DT5 2NA

Tel: 01305 820262  
Email: [Office@atlantic-aspirations.org](mailto:Office@atlantic-aspirations.org)

[www.atlantic-aspirations.org](http://www.atlantic-aspirations.org)

25th September 2023

Dear Parent / Carer

## **RE: Primary PSHE**

At Atlantic Academy, we promote our children's wellbeing and personal development through a comprehensive and thorough programme of Personal, Social and Health Education (PSHE) which provides our students with the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives.

I have attached our yearly overview of PSHE from Reception through to Year 6. I am sharing this with you to invite any feedback or answer any questions. Please contact myself (Ms Powell) using the [contact form](#), addressing your message to me, ahead of content being delivered. I am able to share full lesson plans upon request.

The Department for Education has guidance for the Relationships area of the curriculum and it is compulsory for Relationships and Sex Education (RSE) to be taught in all Primary and Secondary schools. It is worth noting that, *"There is no right to withdraw from Relationships Education at primary or secondary as we believe the contents of these subjects - such as family, friendships, safety (including online safety) are important for all children to be taught"* (DFE,2020).

We continually review our PSHE curriculum and policy in order to ensure that our provision is appropriate and meets the needs of all of our children in respect to their age, physical and emotional maturity, religious and cultural backgrounds, and special educational needs and/or disabilities; adjustments can and are made where appropriate.

Delivery of PSHE at Atlantic will always be age-appropriate and designed to meet the needs of all the young people in every class. The new guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships.

Yours faithfully,

Ms Powell  
PSHE Lead Primary

