



Atlantic Academy Portland

an Aspirations Academy

Miss Heppell - Principal of Primary
Mrs Bishop - Principal of Secondary

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19th February 2024

Dear Parent/Carer

Re: Swimming Lessons, Year 5

As part of the curriculum, it is a requirement that children are able to swim 25 metres unaided, and demonstrate the ability to perform a self-rescue, by the end of Year 6. Whilst we appreciate this is still a school year away, the benefits of swimming are endless. Top-up lessons in Year 6 will also be offered.

To facilitate this, we will be starting weekly lessons, for four weeks, at Osprey Leisure Centre, Portland.

The dates for the lessons are:

Tuesday 27th February

Tuesday 5th March (NO LESSON AS TEACHER AT SPORTS FIXTURE)

Tuesday 12th March

Tuesday 19th March

Tuesday 26th March

Easter Break

Tuesday 16th April

Lessons are either **2:15pm - 2:45pm** or **2:45pm - 3:15pm**. These times are the only slot the pool could offer us.

The children, in two groups, will travel to Osprey Leisure Centre by minibus. leaving after lunch and returning slightly later than the end of the Academy day. If you would like to collect your child from Osprey Quay/allow them to walk home at 2.45pm or 3:15pm (allowing them time to dry/change, usually 10 minutes), please indicate this on the consent form. We will notify you which group your child is in as soon as all the consent forms are returned.

Once at the Leisure Centre, the children will be taught by qualified swimming coaches and the pool will be supervised by lifeguards. Children will be accompanied and supervised by adults at all times whilst at the pool.

Please provide your child with a one-piece swimming costume or trunks (no bermuda shorts please) and a towel in a small rucksack or suitable bag. P.E kit can be worn to school on these swimming days to support with changing.

Please complete the consent form via the following link [Swimming Consent Form](#), no later than **12pm Thursday 22nd February**.

Yours faithfully

Mrs C E Russell - Primary PE Coordinator

