



# Atlantic Academy Portland

an Aspirations Academy

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Dear Parents/Carers

## Re: Uniform requirements for P.E and P.E Days

Students at Atlantic Academy love PE and we have been disappointed that recently participation in the subject has been lower due to a lack of PE kit in school. Please can we remind you that all students are expected to **bring** (not wear to school) the appropriate kit with them on their PE days. PE days are as follows;

**Monday** - Year 1

**Tuesday** - Year 4

**Wednesday** - Year 2 & Reception

**Thursday** - Years 3 & 5

**Friday** - Years 2 & 6

As the weather changes, hopefully for the better, we would like to remind students how to dress comfortably for P.E;

### Essential PE Uniform

- Atlantic **turquoise** Polo shirt
- **Black** shorts/leggings/tracksuit trousers - plain
- Sports trainers (lace up, if students can do this independently, if not then velcro)

### Options for Colder Weather Kit

- **Black** base layers
- A plain **black** (non-hooded) or Atlantic logoed sweatshirt.
- Warm hat/gloves if required
- Warm coat



Logoed P.E kit is available from [DEP from this link](#).

Please can we also remember that **long hair must be tied back and jewellery must be removed**. If ear piercings are new, plasters should be used to cover them. The injury that can be sustained from equipment or contact to a piercing can leave permanent damage.

Thank you for your support. Together, we can ensure children achieve their goal of 60 active minutes a day and install a lifelong enjoyment of exercise. Should you have any questions, please do not hesitate to contact me on [crussell@atlantic-aspirations.org](mailto:crussell@atlantic-aspirations.org)

Yours faithfully

Ms C Russell - Primary P.E. Coordinator