

Atlantic Academy

Subject Overview

Subject: Physical Education

	Unit 1		Unit 2		Unit 3/4	
	Autumn 1 - Belonging	Autumn 2 - Heroes	Spring 1 - Spirit of Adventure/ Sense of accomplishment	Spring 2 - Curiosity & Creativity	Summer 1 - Leadership & Responsibility	Summer 2 - Fun & Excitement/ Confidence to take action
Reception	FMS Beach School	Gymnastics Beach School	Ball Skills Beach School	Bats and Rackets Beach School	Summer Sports and Games Beach School	Athletics Beach School
Year 1	FMS Beach School	Gymnastics	Ball Skills	Bats and Rackets	Summer Sports and Games	Athletics
Year 2	Advanced FMS	Gymnastics	Ball Skills	Bats and Rackets	Summer Sports and Games	Athletics
Year 3	Invasion Games	Gymnastics	Net/Wall/Ball Games Beach School	Strike and Fielding Games	Summer Sports and Games	Athletics
Year 4	Invasion Games	Gymnastics	Net/Wall/Ball Games Swimming	Strike and Fielding Games Beach School	Summer Sports and Games	Athletics
Year 5	Invasion Games	Gymnastics	Net/Wall/Ball Games Beach School	Strike and Fielding Games Swimming	Summer Sports and Games Water Sports and Orienteering	Athletics
Year 6	Invasion Games	Gymnastics Swimming	Net/Wall/Ball Games	Strike and Fielding Games	Summer Sports and Games	Sailing Athletics Orienteering
Year 7	Basketball Netball Rugby	Football Netball Health related Fitness	Football Basketball	Badminton Tennis Health related Fitness	Athletics	Cricket Rounders Softball

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Year 8	Basketball Football	Health related Fitness Netball	Basketball Badminton	Badminton	Athletics	Tennis Rounders Softball
Year 9	Badminton Football Netball	Hockey Football Health related Fitness	Rugby	Volleyball Tennis Health related Fitness	Athletics Tennis	Cricket Rounders Softball
Year 10	Volleyball Football Netball	Football Netball Health related Fitness	Hockey Basketball Health related Fitness	Basketball Netball Health related Fitness	Netball Rounders	Cricket Rounders Softball
Year 11	Volleyball Football Netball	Football Netball Health related Fitness	Football Rugby Health related Fitness	Badminton Tennis Health related Fitness	Cricket Rounders Softball	Exam window

Subject: Sports Studies

	Unit 1		Unit 2		Unit 3/4	
	Autumn 1 - Belonging	Autumn 2 - Heroes	Spring 1 - Spirit of Adventure/ Sense of accomplishment	Spring 2 - Curiosity & Creativity	Summer 1 - Leadership & Responsibility	Summer 2 - Fun & Excitement/ Confidence to take action
Year 10	Unit R185- Performance and leadership		Unit R186- Sports and the media		Unit R184- Contemporary issues in sport Practical Sports	
Year 11	PEP Completion Paper 1 revision	Practical Moderation preparation Paper 2 revision	Practical Moderation Paper 1 and 2 revision	Paper 1 and 2 revision		



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