



Atlantic Academy Portland

an Aspirations Academy

Miss Heppell - Principal of Primary
Mrs Bishop - Principal of Secondary

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12th November 2024

Dear Parent/Carer

Re: Swimming Lessons - Year 5

As a continuation of last year's swimming lessons, we are striving to ensure that all of the children at Atlantic can swim 25 metres unaided, and demonstrate the ability to perform a self-rescue, by the end of Year 6.

To facilitate this, we will be starting weekly lessons at Osprey Leisure Centre, Portland, **on Tuesday 19th November until Tuesday 14th January from 2:15pm - 2:45pm or 2:45pm - 3:15pm. (please note, no lesson on the first day back, 7th January)**

The children, in two groups, will travel to Osprey Leisure Centre by minibus. leaving after lunch and returning slightly later than the end of the Academy day. If you would like to collect your child from Osprey Quay at 2.45pm or 3:15pm, or let them walk home please indicate this on the consent form. A text/message will be sent home informing you which group your child is in.

Once at the Leisure Centre, the children will be taught by qualified swimming coaches and the pool will be supervised by lifeguards. Children will be accompanied and supervised by adults at all times.

Please provide your child with a swimming costume or trunks (no bermuda shorts or bikinis please) and a towel in a small rucksack or suitable bag. To aid with changing, children are asked to **wear their P.E to school** on swimming days.

Please complete the consent form via the following link [Swimming Consent Form](#), no later than Friday 15th November.

Yours faithfully

Ms C E Russell
Primary PE Coordinator

