



# Atlantic Academy Portland

an Aspirations Academy

Miss Heppell - Principal Type to enter text  
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22nd September 2025

Dear Parents/Carers,

We have noticed that we have had an increase in illnesses after the summer holiday and wanted to remind you of some services to support your family.

Parent line is a confidential text messaging advice service for parents and carers of children aged 5 to 19 offered by the School Nursing Team.

Pharmacies can offer prescription medicine for some conditions, without you needing to see a GP or make an appointment. These conditions are:

- Impetigo (aged 1 year and over)
- Infected insect bites (aged 1 year and over)
- Earache (aged 1 to 17 years)
- Sore throat (ages 5 years and over)
- Sinusitis (aged 12 year and over)
- Urinary tract infections (women aged 16 to 64 years)
- Shingles (aged 18 years and over)

We would like to remind parents and carers that we are able to administer medication at school providing the form is completed. We also welcome our students in late, who might be feeling better as the day goes on.

Yours faithfully,

Miss Frampton  
Senior Attendance Champion

**NHS**  
Dorset HealthCare  
University  
NHS Foundation Trust

## ParentLine 5-19

Confidential text messaging advice service for parents and carers of children aged 5-19.

Message us for confidential advice on

**07312 263131**

to chat with a member of the School Nursing team

ChatHealth