Atlantic Academy Portland
an Aspirations Academy

Miss Heppell - Principal

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25th September 2026

Dear Parents/Carers

We would like to make you aware that a child at our school has a **severe allergy to cashew nuts and pistachio nuts**.

The reactions can be caused by **airborne allergens, by touch and by ingestion**. As a result, even very small amounts of these nuts or traces of them may cause a serious allergic reaction.

To help us maintain a safe environment for all children, we kindly ask that you do not send food containing **cashew nuts or pistachio nuts**, or products that may contain traces of these nuts, into school.

This applies to:

- **Packed lunches and snacks**
- **Food brought in as donations**
- **Food shared with other children**
- **Birthday treats or food brought in to celebrate birthdays**
- **Food brought to parent events or school celebrations**

Please check food packaging carefully for ingredients and allergy warnings before sending any food into school. We appreciate your cooperation in helping us minimise the risk of accidental exposure and keep all our pupils safe.

Thank you for your understanding, care and support.

Yours faithfully,

Z Delany

Mrs Z Delany

Operations Officer