Atlantic Academy Portland
an Aspirations Academy

Miss Heppell - Principal

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10th September 2026

Dear Parent/Carer

Re: Swimming Lessons Year 4

As part of the curriculum, it is a requirement that children are able to swim 25 metres unaided, and demonstrate the ability to perform a self-rescue, by the end of Year 6. Whilst we appreciate this is two school years away, the benefits of swimming are endless.

To facilitate this, we will be starting weekly lessons, for **six** weeks, at Osprey Leisure Centre, Portland, **on Tuesday 15th September until Tuesday 20th October from 2:15pm - 2:45pm (Group 1) or 2:45pm - 3:15pm (Group 2).** These times are the only slot the pool could offer us.

The children, in two groups, will travel to Osprey Leisure Centre by minibus. leaving after lunch and returning slightly later than the end of the Academy day. If you would like to collect your child from Osprey Quay at 2.45pm or 3:15pm (allowing them time to dry/change), please indicate this on the consent form. We will notify you which group your child is in as soon as all the consent forms are returned.

Once at the Leisure Centre, the children will be taught by qualified swimming coaches and the pool will be supervised by lifeguards. Children will be accompanied and supervised by adults at all times whilst at the pool.

Please provide your child with a one-piece swimming costume or trunks (no bermuda shorts please) and a towel in a small rucksack or suitable bag. **P.E kit can be worn to school on these swimming days to support with changing**.

Please complete the consent form via the following link Swimming Consent Form, no later than **Friday 11th September.**

Thank you for your support

Yours faithfully

Ms C E Russell
Primary PE Coordinator